QUIT SMOKING OR RISK EVICTION
Helen Redmond LCSW
Nicotine Harm Reduction Consultants
NAS: TIME IS ILLMATIC
NYCHA IS GOING SMOKE-FREE
Smoke-free building policies protect everyone's health.

Starting July 30, 2018, smoking is not allowed in any indoor area (including apartments) and within 25 feet of NYCHA buildings.
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Secondhand smoke is smoke that comes from burning tobacco products or that is exhaled by smokers. Secondhand smoke contains deadly chemicals and moves between apartments.

- Adult non-smokers exposed to secondhand smoke have higher risks of stroke, heart disease and lung cancer.
- Children exposed to secondhand smoke have higher risks of asthma attacks, Sudden Infant Death Syndrome (SIDS) and respiratory and ear infections.

For more information about Smoke-Free NYCHA visit on.nyc.gov/nychasmoke-free.

Now is a good time to quit smoking!
VAPE NY
Washington Houses and NYCHA’s Zone 13 Senior Champions and Youth Council Present:
Their First Intergenerational “World No Tobacco Day” Resource Fair.

Join us for an Intergenerational Health and Resource Event. Come learn about NYCHA Smoke Free Policy, the many dangerous effects of smoking, and where to get smoking cessation support. How to safeguard your community and apartment. Health screenings and information, giveaways and more!

Friday, May 31, 2019
3:00 pm – 6:00 pm
Washington Houses Barbeque Pit area
Outside 1955 2nd Ave (E. 100th Street)

Hosted by the Washington Houses Resident Association, Zone 13 Senior Champions and Youth Council
TOBACCO HARM REDUCTION GROUPS